VI. DOCTOR OF MEDICINE (M.D.) POLICIES AND REGULATIONS

I. Medical Student Duty Hours Policy

Duty Hours Policy for Clinical Years

i. Students will have a limit of 80 duty hours per week, with in-hospital hours during call from home counted

ii. In recognition that many rotations end on a Friday and there is a weekend off between rotations, the following are minimum days off on rotations, with the distribution of the scheduled days off at the discretion of the clerkship or course director:

  • 1 day off on a 2 week rotation
  • 2 days off on a 3 week rotation
  • 3 days off on a 4 week rotation
  • 5 days off on a 6 week rotation
  • 7 days off for an 8 week rotation
  • 9 days off on a 10 week rotation
  • a day off is one full (24-hour) day
  • a day absent counts as a day off

iii. Call will be scheduled no more than every third night

iv. There is a limit of 30-hours on continuous duty

v. There must be a 10-hour minimum rest between duty periods (this does not apply to night or weekend call)

vi. Students will be educated about fatigue and fatigue management

vii. Students may report duty hour violations to the 24/7/365 hour hotline: 1-800-500-0333. (All calls are treated confidentially and no self-identification is necessary)

viii. Clerkship directors and course directors are responsible for the enforcement of this policy

Policy adopted by the Curriculum Committee August 2007 and appended in May 2013.

Reviewed and updated: 7/1/2013
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